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## New coronavirus disease and maternal-fetal repercussions sars-cov-2 infection from pregnancy to the puerperium

The SARS-CoV-2 virus accumulates more than 397 million cases and almost 5.8 million deaths worldwide. It is an agent transmitted by droplets of infected secretions. During pregnancy, a variety of circumstances can affect maternal health, fetal development, and neonatal health, and the environment to which the expectant mother is exposed can leave a permanent imprint on the baby's physiology. Thus, there is a real need for special attention in the relationship of pregnant women with SARS-COV-2 infection. Therefore, it is important to raise the new findings relating to COVID-19 throughout the period from pregnancy to the puerperium, including childbirth and breastfeeding. The objective of this work was to analyze the existing literature in order to raise knowledge between COVID-19 and the entire period involving pregnancy. It is a qualitative, basic, exploratory work and an integrative bibliographic procedure. The search was carried out in the repositories: Pubmed, Bireme, Lilacs and Scielo using the descriptors: Infection, COVID-19 and New born, in English, Portuguese and Spanish, published in 2020 and 2021. The literature (24 articles) showed that there is conflict between multiple data. Pregnancy and neonatal periods are considered high risk for SARS-CoV-2 infection. The mechanism of neonatal infection is not clear, there are cases of transplacental transmission, infected at birth, by direct contact and who did not become infected. Regarding the evolution and prognosis of the disease, when symptomatic, babies have predominantly respiratory dysfunctions. There is no consensus on whether here is a lot of inconclusive information about the subjects analyzed and that much remains to be done to build strong scientific evidence on the subject.

Keywords: Pregnancy; Parturition; Breast Feeding; Neonatology; Coronavirus Infections

# Doença do novo coronavírus e repercussões materno-fetais infecção por sars-cov-2 da gravidez ao puerpério

O vírus SARS-CoV-2 acumula mais de 397 milhões de casos e quase 5,8 milhões de mortes em todo o mundo. É um agente transmitido por gotículas de secreções infectadas. Durante a gravidez, uma variedade de circunstâncias Ovius SANS-CUV-2 acumina mais ue 397 iminuos e 257 iminuos e imo tes em touros em touros muntos. E um agrente transmitudo pol goticular, o desenvolvimento fetal e a saúde neonatal e o ambiente ao qual a gestante está exposta pode deltar uma marca permanente na físiologia do bebê. Assim, existe uma necessidade real de atenção especial na relação das gestantes com a infecção pelo SARS-COV-2. Por isso, se torna importante levantar quais os novos achados relacionando a COVID-19 em todo o período da gestação ao puerpério, passando pelo parto e a amamentação. O objetivo deste trabalho foi analisar a literatura já existente a fim de levantar os conhecimentos da relação da COVID-19 com todo o período que envolve a gestação. Trata-se de um trabalho qualitativo, básico, exploratório e de procedimento bibliográfico integrativo. A busca foi realizada nos repositórios: Pubmende, Bireme, Lilacs e Scielo utilizando os descritores: Infection, COVID-19 e New born, em inglés, português e espanhol, publicados em 2020 e 2021. A literatura (24 artigos) mostrou que há conflito entre vários dados. A gravidez e os períodos neonatais são considerados de alto risco para a infecção por SARS-CoV-2. O mecanismo da infecção neonatal não é claro, existindo casos de transmissão transplacentária, infectados ao nascer, por contato direto e que não se infectaram. Com relação à evolução e prognóstico da doença, quando sintomáticos, os bebês apresentam predominantemente disfunções respiratórias. Não há consenso se o aleitamento materno deve ser feito de modo direto ou indireto e se o bebê deve ser imediatamente separado da mãe positivada. Considera-se que há, muita informação inconclusiva acerca dos assuntos analisados e que muito ainda deve ser feito para se construir uma evidência científica forte sobre o assunto.

Palavras-chave: Gravidez; Parto; Aleitamento Materno; Neonatologia; Infecções por coronavírus

Topic: Ginecologia e Medicina Biofetal

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#### **INTRODUTION**

The new coronavirus pandemic has already more than 397 million and 963 thousand infected and almost 5 million and 753 thousand deaths worldwide until 24th March , 2021 (JHU, 2022). The so-called SARS-CoV-2, which causes COVID-19 (Coronavirus Disease 19), emerged in China in December 2019 and quickly spread worldwide with impressive speed and efficiency (RADU et al., 2021). This is due to its high rate of community contagion through the secretions of infected people, mainly through direct contact with droplets produced when breathing, talking, coughing or sneezing (CARRÁSCO, 2020).

In this way, since 11th March, when the spread of SARS-CoV-2 was declared a pandemic, the medical world has changed, priorities have changed and everyone must adapt to the new situation, including, and especially, health professionals and patients. Thus, a certain group, represented by pregnant women, cannot choose to wait for a better world condition to perform childbirth. Therefore, it is up to the health professional to perform the necessary procedures in the best possible way, respecting the protocols, for a better evolution and prognosis (DUMIRASCU et al., 2021).

During pregnancy, a variety of circumstances can affect maternal health, fetal development, and neonatal health. In this way, the environment to which the pregnant woman is exposed can leave a permanent mark on fetal physiology (GONZALES, 2020). Furthermore, pregnant women and babies have a unique interdependent immune system from before birth to a considerable time afterward (KUBIAK et al., 2021). Therefore, the most important question is whether COVID-19 impacts the pregnant woman differently and whether it could be transmitted vertically to the fetus and cause a clinically significant infection (CHEN et al., 2020).

Also, although it was initially stated that there is no evidence that pregnant women are at greater risk compared to the general population (WHO, 2020), currently, as a precautionary measure, they are considered at risk of developing severe forms of infection with the new coronavirus (RCOG, 2020). It is known that changes in immunity during pregnancy predispose to several diseases. Inn addition to physiological cardiopulmonary adaptation, pregnant patients may develop a more severe form of respiratory infections due to the sensitivity and effort required of these systems at this stage (POON et al., 2020).

The human being needs, since birth, intimate contact with the mother and is fed through breastfeeding; the use of this milk has an important impact on present and future maternal and child health (NAGY, 2018). In this first contact and relationship with the environment, the baby stabilizes its vital signs (BRAHM et al., 2017). In these first hours, breastfeeding should be started, which has numerous protective properties, including immunological, reducing the risk of infections by viruses or bacteria, which help protect the newborn from possible environmental aggressions (CARRASCO et al., 2020). However, direct breastfeeding, although beneficial, may be related to favoring the transmission of the new virus to the baby (DUMIRASCU et al., 2021).

Regarding neonatology, several adverse events have been reported in babies who contracted SARS-

CoV-2 and/or who were born to infected mothers, such as preterm neonates who had respiratory problems and who required ventilatory support (VARDHELLI et al., 2020).

Finally, in general, there is a real need for special attention for this group of patients (DUMIRASCU et al., 2021). Therefore, the objective of this work is to analyze the current knowledge published in the literature about the influence of SARS-CoV-2 on pregnancy, childbirth, breastfeeding and the neonatal period published in 2020 and 2021.

#### **METHODOLOGY**

This is a work with a qualitative approach, of a basic nature, with an exploratory objective and a bibliographic procedure. Thus, this is an integrative bibliographic review carried out in February and March 2021 and carried out in the repositories: Pubmed, Bireme, Lilacs and Scielo, using the Descriptors in Health Sciences (DeCS): Infection, Coronavirus Infection and New born, in English, Portuguese and Spanish published in 2020 and 2021. In addition, works that did not fit the selected languages, in the years, in the descriptors, that were very far from the proposed theme, that were still in the process of publication and that did not were published in full. In addition, as this is a research that uses publicly accessible information, defined by Law N°. 12,527, of November 18, 2011, it does not need prior authorization from an ethics committee, supported by the sole paragraph of Art 1 of resolution 510 /2016, resolved by the National Research Ethics Committee (CONEP) of the National Health Council (CNS) (CNS, 2016).

### **RESULTS AND DISCUSSION**

A total of 62 articles were found at the end of the pre-selection, of which 24 met the inclusion criteria and did not meet the exclusion criteria established for this review. These works are primarily divided into case reports and field studies. Of the analyzed works, 21 (twenty-one) are from 2020 and 3 (three) are from 2021.

After analyzing the selected literature, it was noticed that in relation to the form of delivery, COVID-19 infection alone cannot be the main cause for delivery (CDCP, 2020). The route and time of delivery should be assessed individually, in consultation with the team and assessing the status of patients (QI et al., 2020). However, it is recommended that severe and critical cases should be surgically terminated (DUMIRASCU et al., 2021). In mild cases with adequate evolution, normal delivery may be indicated (WANG et al., 2020). Cesarean section is the predominant method of delivery in the context of SARS-CoV-2 infection (DUMIRASCU et al., 2021). In addition to COVID-19 increasing the risk of complications such as severe pneumonia or premature delivery, it can complicate delivery if acquired in the last week of pregnancy (RADU et al., 2021). Enabling fetal distress, premature birth, respiratory distress, thrombocytopenia accompanied by abnormal liver function, and even death among newborns (ZHU et al., 2020). Additionally, pregnant women infected with COVID-19 are at an increased risk for other morbidities, such as higher rates of cesarean delivery, increased postpartum complications (including fever, hypoxia, and hospital readmissions), and placental pathology such as poor fetal vascular perfusion (ALLOTEY et al.,

2020; ANTOUN et al., 2020; DEBOLT et al., 2020; ELLINGTON et al., 2020; MARÍN et al., 2020; PRABHU et al., 2020; PIRJANI et al., 2020; TORO et al., 2021).

There have also been reports of transplacental transmission of SARS-CoV-2 and of symptomatic newborns who tested positive for the virus after being born to mothers with positive PCR test results (ALZAMORA et al., 2020; DONG et al., 2020; LAMOUROUX et al., 2020; SHAH et al., 2020; VIVANTI et al., 2020; ZENG et al., 2020). But another study of a case series of ten newborns born to COVID-19 positive mothers reported no evidence of vertical transmission of SARS-CoV-2 (AYED et al., 2020). Therefore, as the disease is highly transmissible, it is essential to recognize the symptoms as soon as possible in order to avoid transmission to the neonate (RADU et al., 2021).

The severity of the acquired disease in the newborn is unknown (AYED et al., 2020), but the most common symptom in these patients was the respiratory problem. Respiratory support was required in 7.6% of neonates in one study, 1.8% of infants required mechanical ventilation, others required non-invasive ventilation, and others required nasal oxygen. In a field study, only 35 of 629 newborns tested (5.5%) were positive for COVID-19, of 35 positive newborns, 14 (40%) were symptomatic. COVID-19 appears to have favorable neonatal outcomes and most newborns are asymptomatic (VARDHELLI et al., 2020).

With regard to the postpartum approach, the selected data state that in the context of the pandemic, family and maternal contact with the newborn should be postponed. But, demonstrating that such restrictions can have negative consequences, they also claim that contact control can be responsible for negative situations such as postpartum depression, low lactation rates and poor connection between mother and baby. Finally, it is concluded that all possible care and precautions must be taken, but in a way that preserves as much of the mother-child relationship as possible (DUMIRASCU et al., 2021).

Dumitrascu et al. (2021) state that direct breastfeeding can favor the transmission of the virus from a mother infected with COVID-19 to her baby (DUMIRASCU et al., 2021), Davanzo et al. (2020) contradict themselves saying that, if the mother is asymptomatic or little symptomatic, there should be an effort for the puerperal woman to feed her child directly, as it is not yet clear whether breast milk is capable of making the transmission of the virus viable (DAVANZO et al., 2020).

It is debatable whether the newborn should be immediately separated from the COVID-19 positive mother (RCOG1, 2020). A study composed of outcomes of 7 newborns concluded that it is necessary to separate newborns from mothers immediately to avoid potential threats of SARS-CoV-2 infection (YANG et al., 2020). However, unlike the previous one, another study concluded that separation may not prevent infection, in addition to increasing the risk of neonatal pneumonia if done early (STUEBE, 2020).

#### **CONCLUSION**

Thus, it is considered that there are discrepancies in the information on transplacental transmission and on the separation or not of the baby and the mother. However, there is consensus regarding the outcome of the delivery, which is usually a cesarean section and may present complications; that perinatal infection can lead to a poor course of pregnancy and that the neonate has more frequent respiratory

symptoms when symptomatic.

It is concluded that due to the amount of dissonant and inconclusive information, the recent emergence of the theme and the global scope of the subject, more analyzes are needed for several questions that were presented.

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